

Short Breaks Update for Families with Disabled Children and Young People

1 of 4



Welcome to the February Short Breaks Update

Part 1 - Upcoming Activities

Lots of activities including new SEND Play, Valentines, gaming, boxing, dance, science event, multisports, cycling course & more...



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Short Breaks Update for Families with Disabled Children and Young People

BETTER

**** NEW ****

S.E.N.D PLAY

IS A NEW FUN AND INCLUSIVE SESSION FOR PRIMARY-AGED CHILDREN WITH SEND. ENJOY THE SPACE AND EQUIPMENT TO MOVE, PLAY, AND BE ACTIVE TOGETHER. MOST WEEKS WILL INCLUDE SOFT PLAY, INFLATABLE, MATTED AREA AND SPORTS EQUIPMENT - £5 PER SESSION.



SUNDAY 10.30-11.30AM

WINDRUSH LEISURE CENTRE, WITNEY

**** ON EVERY SUNDAY ****

PLEASE NOTE THAT CHILDREN MUST BE ACCOMPANIED BY A PARENT OR GUARDIAN.



**** Please do join us! ****

To book - [GLL Better SEND Play session Witney](#) or pay on the day!

Short Breaks Update for Families with Disabled Children and Young People

**** Bookings close Fri 30th Jan ****

Thomley Roast Dinner Day

Sunday 1st February 12pm or 1:45pm meal

The site will be open to play between 11am and 3pm, but as the day is about the roast dinner we won't be taking bookings unless you are booking either of the lunch slots. The normal menu will not be on offer on this day. We do provide a vegetarian alternative, so please let us know when you book if you require this.



Several Thomley families have suggested that going out for one of the most pleasurable of dinners can be quite a stressful and rare event which they would love to be able to do more often. Our disability friendly venue offers just that.

Join us on Sunday 1st February and book in for the 12pm or 1:45pm sitting. We will serve the adults a roast dinner for £15. Children (up to 15) will get a free roast after paying their entry fee. Members will be able to have their meal for just £7 (members please contact us to arrange on: admin@thomley.org.uk). Pudding is an additional cost of £3.50 for adults and £2.50 for children.

We will be serving roasted chicken (or roasted red onion and goats cheese tart) with roast potatoes, stuffing, Yorkshire puddings, swede, carrots, peas and gravy. Pudding is available as an extra and will be apple crumble with custard.

Bookings close on Friday 30th January 3pm
Please book on our website:
www.thomley.org.uk/calendar/



Thomley

To book - <https://thomley.org.uk/events/roast-dinner-day-7/>

Short Breaks Update for Families with Disabled Children and Young People



We Game! APCAM fully inclusive gaming...SEN/Autism friendly sessions

Young people, parents, friends, aunties, uncles - everyone is welcome! We meet on the first Sunday each month from 3pm - 5pm at Carterton Family Centre, The Allandale, Burford Road, Carterton, OX18 3AA. [Under 11s must be accompanied by an adult. Parental details and contacts will be required for all under 16s.]

Also occasionally run at The Corn Exchange in Witney, please contact us for details:-

wegame@apcamgroup.org.uk

Upcoming activities...



Roast Dinner Day

Sunday 1st February, 11am-3pm

An accessible and familiar venue to experience a family meal, without the pressures on a regular restaurant!

Valentine's Day Disco

Friday 13th February, 7-9pm

Our Disco for those 16+ will be hosted by DJ JohnJohnny, a fun-night in store for everyone! Socialise, dance and enjoy the music at our Valentine's Disco!

Woodworking workshop

Wednesday 18th February - all day

Paul will help you get creative; design your wooden masterpiece to take home.

Bikeability session

Friday 20th February - all day

Learn to ride in a safe and secure setting with professional support.

Football for all session with Thame United Football Club coach

Saturday 21st February, 1-3pm

Join in our football session for all, with qualified coaches from local club Thame.

Mother's Day Meal

Sunday 8th March, 11am-3pm

A lovely way to spend Mother's Day - good food, accessible and familiar venue, no pressures of eating in a restaurant!

Sports Club

Every Saturday!

Thanks to Sport England we are providing sports workshop EVERY SATURDAY, at no extra cost to you! Just sign up when you arrive on the day.



To book - <https://thomley.org.uk/calendar/>

Short Breaks Update for Families with Disabled Children and Young People

Oxford



OXFORD BLACKBIRDS FC COMETS SESSIONS RETURN!!!



Inclusive Football Is Back!

Leys Pool & Leisure Centre 13:00-14:00,
Sunday 1st February.
contact Barrie on 07517 308263

Meets monthly, more dates to come!
For more info - call Barrie on 07517 308263 or
email on blackbirdsinclusive@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

Banbury



A non-contact boxing class for neurodiverse children who just need the right environment to thrive.

Fight Back Crew is a non-contact boxing class for children in Banbury who just need the right environment to thrive. If you're a parent and this resonates, please get in touch. Sometimes all it takes is one safe space for a child to realise their potential.

Mondays 4.30pm to 5.30pm; £5 per child

For more info, contact Dave by texting him - 07888 829534

Short Breaks Update for Families with Disabled Children and Young People



CARTERTON SEND EVENT

Join us for a relaxed, supportive drop-in session:

Tuesday 3rd February
11:00am - 1:00pm
Brownes Hall
Alvescot Rd, Carterton OX18 3JH



**OCC SEND Improvement
Strategic Communications &
Engagement Session**

Rachel Edwards from Children, Education & Families at Oxfordshire County Council will join to speak with parent carers and hear about their lived experiences.

This drop-in session will offer an opportunity to share experiences that can help inform Oxfordshire County Councils's SEND communications and engagement with parent carers.

Rachel Edwards from Children, Education & Families at OCC will join to speak with parent carers and hear about their lived experiences. Pop in for a warm drink and a biscuit or two.

If you need further information or support to attend, please email info@oxpcf.org.uk

Short Breaks Update for Families with Disabled Children and Young People

**** For home educators ****

**ANGELS
• APA •
PERFORMING ARTS**

FIRST EVER

**Home Education
Dance Class
in Didcot!**

Every Tuesday 11 to 12 p.m.

Willowbrook Leisure Centre, Didcot

All ages welcome - £6 per child

To book: 📞 07920 875926
✉️ angelstageschool@yahoo.co.uk
📱 @AngelsAPA

Places are limited!

To book - 07920 875926; angelstageschool@yahoo.co.uk

Adult Cooking Club

For adults aged 16+

£15 per session - 5:30pm-7:30pm - Dates on our online calendar



Learn everything from planning, preparing and cooking a lovely three course meal (plus you get to eat it!). Not forgetting the extras, like laying the table and of course, cleaning the dishes! Enjoyable life skills with other adults. Our cooking club is very popular and has been a fantastic social opportunity for disabled adults.

Booking is essential, please book on our website calendar:

www.thomley.org.uk/calendar/

Or, call: 01844 338380



Thomley

Next date - 3rd February

To book, please visit our website:-

<https://thomley.org.uk/events/adult-cooking-club-11/>

If you'd like to know more about the sessions, please email us:-

bookings@thomley.org.uk

Short Breaks Update for Families with Disabled Children and Young People



NEURODIUNIVERSE
WE ARE WHO WE ARE

GAMES NIGHT

A Monthly Meet-Up for Neurodivergent Adults

CONNECT • UNWIND • PLAY

SAFE SPACES for EVERYONE

Are you neurodivergent? A parent of a neurodivergent child?
Diagnosed or self-identified?
An adult who needs to connect with others out of the same four walls?
Join us for a relaxed evening of quick, easy games, chats and connection - no pressure, just play.

What to Expect:

- ✓ Light, fun games like Uno, Dabble, Snap
- ✓ A welcoming, supportive vibes
- ✓ Time to chat, laugh or simply be
- ✓ No need to mask

Some games available, though please bring your favourites

FREE TO ATTEND!
FEEL FREE TO BUY FOOD AND DRINKS FROM THE BAR

FOR ANYONE SEEKING A REAL CONNECTION AND SPACE THAT 'GETS' IT

FROM 7:30 - 9:30 PM

THE PRINCE OF WALES,
73 CHURCH WAY, OXFORD,
OX4 4EF
1ST WEDNESDAY OF EVERY MONTH

UP IN ARMS,
241 MARSTON ROAD, OXFORD,
OX3 0EN
3RD MONDAY OF EVERY MONTH

CONNECTED COMMUNITIES FUND

4TH FEBRUARY 2026
4TH MARCH 2026
1ST APRIL 2026

16TH FEBRUARY 2026
16TH MARCH 2026
20TH APRIL 2026

**** Now at two venues in Oxford ****

[1st Wednesday & 3rd Monday evening of each month]

For neurodiverse adults - come along and join us, all welcome!

<https://www.facebook.com/Neurodiuniverse>

Short Breaks Update for Families with Disabled Children and Young People

Are you aged 14-25?
Do you have a learning disability?
Try our multi sports club...



When: Thursdays (term-time only)
Time: 3.30 - 4.30pm
Where: Windrush Leisure Centre, Witan Way, Witney
Cost: £36 for 6 weeks

To find out more and discuss your particular needs prior to booking contact: **Jenny Bennett 01993 861564** or email jenny.bennett@westoxon.gov.uk

Please wear comfortable clothing and bring a drink.



 WEST OXFORDSHIRE
DISTRICT COUNCIL

BETTER
the feel good place

We are currently looking for **more participants** to help us continue running the multisports sessions. If you'd like to give it a try, we'd love to welcome you.

To find out more, please contact Jenny Bennett on 01993 861564
or email her - jenny.bennett@westoxon.gov.uk

Short Breaks Update for Families with Disabled Children and Young People

A graphic with a teal and blue background. At the top, it says "SATURDAY ACTIVITY DAYS 2026" in large white letters, with the "theicecentre" logo to the right. Below this is a teal box with the text "Upcoming activities...". Underneath are four activity cards, each with a date in a yellow box and details in a white box.

Date	Activity	Description
7 FEBRUARY 2026	ADVENTURE GOLF	MINI ADVENTURE GOLF AT THE KASSAM OXFORD.
21 FEBRUARY 2026	ROVES FARM	SPEND THE DAY AT THE FAMILY OWNED ROVES FARM.
7 MARCH 2026	TENPIN BOWLING	BOWLING AT HOLLYWOOD BOWL OXFORD
21 MARCH 2026	ISLAND FARM DONKEY SANCTUARY	COME AND SPEND THE DAY WITH OVER 120 DONKEYS AND THEN STOP OFF FOR TEA AND CAKE.

The ICE Centre Saturday Activity Days run two Saturdays a month for adults with a learning disability (18+).

If you would like to know more information and how to join, please contact us on:-

icesaturdayclub@outlook.com

Short Breaks Update for Families with Disabled Children and Young People

Walk and talk

It can often be a challenging and isolating journey!
So come along for some fresh air with some like minded individuals .

Entry covered!

Saturday 7th February.

From 2:00 pm (Approx. 1 hour)

Meeting at :

Harcourt Arboretum

Oxford Lodge Peacock Gate OX44 9PX

To book your space please contact Lorraine

via our Facebook page or email:

Neurodiuniverse@gmail.com

Participants' are responsible for their own safety and wellbeing.

This Walk & Talk is fully funded thanks to the Connected Communities Fund

**CONNECTED
COMMUNITIES
FUND**



FOLLOW   

A gentle walk, fresh air, and space to connect with like-minded individuals who get it.

This session is fully funded thanks to the Connected Communities Fund, so entry is covered.

There's no pressure to talk, no expectations — just come as you are. Walk, chat, listen, or simply enjoy being in a supportive space with others.

To book your space, please message us via our Facebook page - <https://www.facebook.com/Neurodiuniverse> or email:- neurodiuniverse@gmail.com

Short Breaks Update for Families with Disabled Children and Young People



Autism friendly/relaxed cinema screenings

Films suitable for all audiences are screened in a sensory friendly and inclusive environment with adjustments. These autism friendly adjustments aim to reduce over-stimulation & create a welcoming environment. They are designed to make the cinema more inclusive and accessible for people with sensory sensitivities, and others who can benefit from this environment.

- * **Cineworld** are showing Kangaroo on Sunday 8th February at 11.00am in Didcot, High Wycombe, Milton Keynes, Swindon & Witney.
- * **The Light, Banbury** are showing relaxed family screening of The Scarecrows' Wedding at 9.30am on Saturday 7th February. For more info - [Relaxed Screenings - Banbury - The Light](#).
- * **Odeon** haven't released what their autism friendly screening is yet but are shown in Aylesbury & at Milton Keynes Stadium. Tickets are usually bookable 5 days in advance. Need more info, call their helpline; 10am-5pm on 03330 151208.
- * **Showcase Reading** are showing Frozen on 1st February at 10.30am. They have a sensory friendly screening most Sunday mornings at 10.30am. Please go to their website for info on other screenings:- <https://www.showcasecinemas.co.uk/sensory-friendly-screenings/>
- * **Picturehouse** - no listings yet for autism friendly screenings but you can contact them on:- [Picturehouse | Cinema Tickets | The Best Films And Events](#) to find out more.
- * **Vue** haven't released what their autism friendly screening is yet but it's usually shown on the last Sunday of each month at 10.30am. Tickets are usually bookable 5 days in advance and shown at Bicester, Oxford, Swindon & Reading.

Accessible Screenings UK website has details of screenings - [Types of Screenings | UKCA \(accessiblescreeningsuk.co.uk\)](#) should you wish to find out more.

Have you got a CEA card yet? This card enables a disabled cinema go-er (aged 8 yrs +) to receive a complimentary ticket for someone to go with them to participating cinemas. Please go to their website for more info:-

<https://www.ceacard.co.uk/>



Short Breaks Update for Families with Disabled Children and Young People



8th FEBRUARY 2026 14.30 – 16.30

@ WALLINGFORD SPORTS PARK PAVILION,

HITHERCROFT ROAD, WALLINGFORD, OX10 9RB

£5.00 per music club member & £3.00 siblings or £10.00 per family

£10 non members & £5 a sibling

REFRESHMENTS AVAILABLE

GUEST Dave Benson Phillips



For more info - www.music4disabledchildren.org.uk or
contact Julie Hinton on 07946 648002

Short Breaks Update for Families with Disabled Children and Young People

*** For adults ***

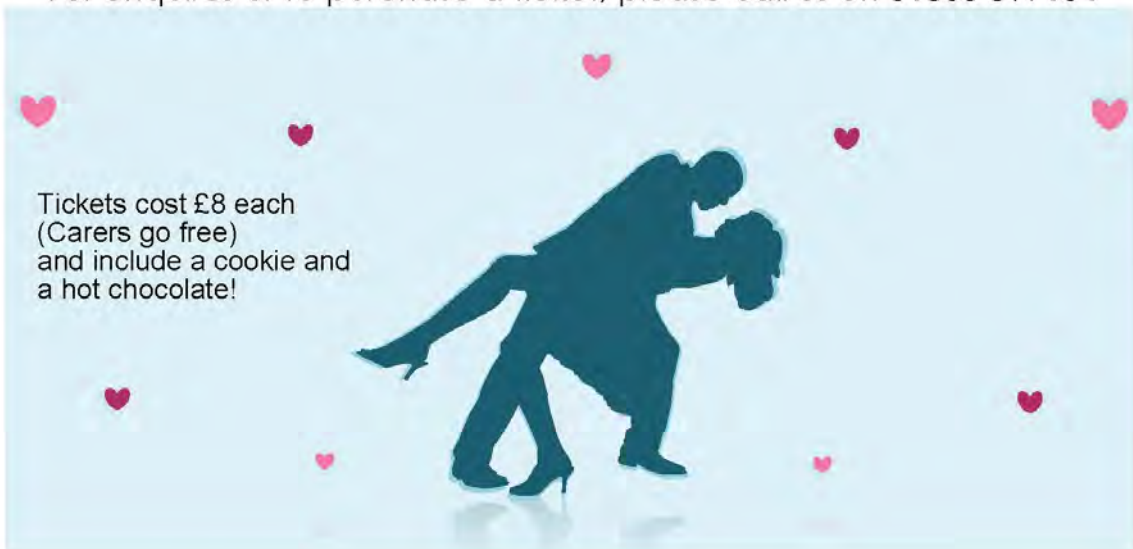


VALENTINE'S DISCO

7pm-9pm at Abingdon Community Support Service

Join us for an evening of music, dancing and a celebration of love!

Inclusive & accessible disco for adults with learning disabilities, physical disabilities and ageing needs. Tickets can be purchased in advance. For enquires or to purchase a ticket, please call us on **01865 897104**



7TH FEBRUARY 2026
7PM - 9PM

ABINGDON COMMUNITY
SUPPORT SERVICE

CRABTREE PLACE, AUDLETT DRIVE,
ABINGDON, **OX14 3GD**
(PARKING AVAILABLE)

For more info or to buy tickets, please call on 01865 897104

Short Breaks Update for Families with Disabled Children and Young People



PATRON
HM THE KING

LVS Oxford

Learning without limits

'Centre of Excellence for Autism Practice'

Autism Awareness Hub

SIGNPOST AUTISM

Friday **13** February

10am - 2.30pm

LVS Oxford, Spring Hill Road, Begbroke, OX5 1RX

Tel: 01865 595170

<https://www.lvs-oxford.org.uk>

enquiries@lvs-oxford.org.uk

Remaining places are now very limited!

To book - [Live Events - Autism Awareness Hub - LVS Oxford](#)

Short Breaks Update for Families with Disabled Children and Young People

**** For home educators ****



OUTDOOR LEARNING FOR UNDER 8'S



Themes for the term:



February 13th
(2nd Friday)

The Rainbow Fish
March 6th
One Springy Day



**THE FIRST FRIDAY OF THE MONTH
FROM NOVEMBER UNTIL MARCH
930 - 1045AM**



Stay and Play Under 8's sessions
930 - 1045 am Pre-bookable
Storytime with an outdoor linked activity
Termly £7 per session or
individual sessions are £9.50
Price is for 1 adult and 2 children
Each extra adult/child £2.50 per session

Message
on:
07930
117179



**SCAVENGER HUNT | DEN BUILDING | CRAFTS
NATURE STUDIES | TEAM GAMES | ASSAULT COURSE**

CONTACT DETAILS
INSPIREDTUTORINGSERVICES
@GMAIL.COM



Please note that the
sessions are pre-
bookable and walk -ins
can not be accepted

HOW TO FIND US:
LASHFORD LANE
DRY SANDFORD,
NEAR ABINGDON
OX13 6DY

For more information, please contact us on inspiredtutoringservices@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

For 16yrs+



Come and join us for a fun-filled Valentine's Disco for Thomley's 16+ visitors with additional needs on Friday 13th February at 7-9pm; £8 per attendee!

Expect DJ [John Johnny Entertainment](#), themed snacks & drinks, photo ops with props and great music! Parents/caregivers are welcome - please stay on site for support. There will be spaces available away from the disco.

To book - <https://thomley.org.uk/events/thomley-valentines-disco-2026/>

Short Breaks Update for Families with Disabled Children and Young People



Oxfordshire Fire and Rescue Service

**** FREE ****

Oxford Health 
NHS Foundation Trust



Cycling course



For children who are experiencing difficulties learning to ride a bike.

The course is run in collaboration with the Oxfordshire Fire and Rescue Service, Oxford Health NHS Foundation Trust, Oxford Brookes University, and British Cycling

Your child is invited to apply for a place on the next cycling course

Dates: Every day Monday 16th February to Friday 20th February 2026

Times: Monday and Friday 9.30 – 11.00am

Tuesday – Thursday 10.00 – 11.00am

Venue: Indoors at the BMW Visitor Centre, Cowley, Oxford

Bring: Own bike, own helmet

Please note the following:

- Only one person may accompany your child; no siblings or other children may attend unless agreed with the course coordinator (contact details below).
- The same adult must bring the child on each day of the course unless agreed with the course coordinator (contact details below).
- This adult must stay for the full session.
- Please ensure your child can attend every day before requesting a place.
- Places are limited and will be offered on a first come, first served basis.

To secure your child's place on the course, please email the course coordinator on learntrabike@gmail.com. If you do not have an email account please telephone 07986 368976. But for ease of admin please email if at all possible.

We will let you know if there is space for your child to be able to attend within a week of receiving your request. We will also be able to answer any queries you may have about the course.

If we do not hear from you at all your child will be removed from the waiting list, therefore if you want your child to be offered a course in the future but cannot come to this one please let us know.

To secure a place, please email - learntrabike@gmail.com

Short Breaks Update for Families with Disabled Children and Young People



For more info, please go to their FB page -

<https://www.facebook.com/profile.php?id=100069103274308#>

Short Breaks Update for Families with Disabled Children and Young People

NODA for every stage

Launton Village Players present their 39th pantomime

Treasure Island
A traditional family pantomime

Wed 18th to Sat 21st Feb 2026

Date	Performance Times	Adult (18+)	Child (1-17)
Weds 18 th Feb	7:30pm	£12	£7
Thurs 19 th Feb	10:30am* 2:30pm	£12	£7
Fri 20 th Feb	2:30pm 7:30pm	£14	£8
Sat 21 st Feb	2:30pm 7:30pm	£14	£8

***Relaxed Performance Thursday at 10:30am**

In Cooper School Performance Hall, Bicester, OX26 4RS
Suitable for the whole family to enjoy!

Tickets available from
www.ticketsource.co.uk/lvp
(or call 07864 715708 for assistance)

Family Discounts available for all shows!

Scan here for tickets!

All profits donated to:
Dementia Active and
Dementia Oxfordshire

www.launtonvillageplayers.org.uk

To book - [Tickets - Treasure Island - Launton Village Players](http://www.ticketsource.co.uk/lvp)

Short Breaks Update for Families with Disabled Children and Young People

Swings & Smiles, Thatcham



The following sessions are now open to Oxfordshire families but you do need to register with Swings & Smiles first...

Nexus (The Waterside Centre) After School Club

Wednesdays for ages 14 -19; 3.30pm to 5.30pm; £20. 48 weeks of the year.

This group is aimed at young people who attend a special needs school or resource unit, that are able to communicate their needs to the staff and use the toilet independently. The group aims to give young people the opportunity to find common interests with like-minded peers, form friendships and have fun together.

Family Play (0–19-year-olds + family members)

Tuesday 3pm – 5pm; Friday 3.30pm – 5.30pm; Saturday (alternate Saturdays) – 9.30am – 12.30pm; Sunday 10am - 12pm and 1pm – 3pm

Youth clubs

Mini Spec – Year 3 to Year 5 – Tuesdays 5.15pm to 6.45pm

Spectrum – Year 6 – Year 8 – Fridays 6pm – 7.30pm

Oasis – Year 9 + - Thursday 7.45pm – 9.15pm

Oasis (The Waterside Centre) Year 9+ - Tuesdays - 6pm – 7.30pm

Youth club Year 9+ - Thursday 6pm – 7.30pm

Accessible Climbing Dates – for children aged 10+ (The Waterside Centre, Newbury, RG14 1DS)

21st February; 21st March; 18th April. Session - £10/child.

Reading Football Club – Outreach

We offer a sensory space at home games for Reading Football Club and aim to attend between 1 and 2 matches per month. Upcoming games - 14th Feb 12.30pm (Wycombe Wanderers); 28th Feb 3pm (Bradford City); 14th March 3pm (Plymouth Argyle); 28th March 3pm (Wigan Athletic); 18th April 3pm (Cardiff City) & 2nd May 3pm (Blackpool).

Fundraising Events

We have several fun activities for fundraising. Check out our current planned events here:-

<https://www.swingsandsmiles.co.uk/Pages/Events/>

If you're interested in finding out more about what we offer, please do get in touch.

Swings & Smiles, A Place to Play, Lower Way, Thatcham, RG19 3RR
www.swingsandsmiles.co.uk; 01635 285170; office@swingsandsmiles.co.uk

Short Breaks Update for Families with Disabled Children and Young People



FREE FUN FOR ALL THE FAMILY!
MOST SUITABLE FOR 5-16 YRS

SCIENCE BAZAAR BEYOND

**OXFORD
BROOKES
UNIVERSITY**

Saturday 21 February 2026

9:30am – 11:30am Relaxed autism-friendly early opening
11:30am – 4pm Open to all

Fun activities, hands-on workshops, experiments, talks, shows, competitions and cafe



**BOOK
TICKETS**



www.brookes.ac.uk/science-bazaar
sciencebazaar@brookes.ac.uk

f @OxfordBrookesPublicEngagementResearch
@ @oburesearchpublicengagement

**Oxford Brookes University, Clerici Building, Headington
Campus, Gypsy Lane, Headington, OX3 0BP**

Event sponsored by
**MORGAN
SINDALL**
CONSTRUCTION

NO PARKING ON SITE EXCEPT FOR ACCESS NEEDS

For more info, visit - www.brookes.ac.uk/science-bazaar
or email - sciencebazaar@brookes.ac.uk

Support group for adult siblings of autistic people

Join our online sessions, 7pm - 8.30pm

- **23rd Feb:** “Sometimes I hate you, but no one else can”
- **28th April:** Mental capacity is NOT a one-size-fits-all label
- **17th June:** Demand avoidance and the PANDA method

Sign up →

Sibs sibs.org.uk/autismgroup



Being an adult sibling to an autistic person can bring a whole range of experiences, feelings and complexity to your life that it can be hard for others to relate to. Connecting with others who just ‘get’ what sibling life is like can help you to feel more confident and less isolated in your sibling role.

Sign up for our support group sessions at www.sibs.org.uk/autismgroup

Short Breaks Update for Families with Disabled Children and Young People



IN AID OF FLEXICARE

NIGHT IN THE MUSEUM 2026

CLASSICAL MUSIC CONCERT

THE IVEL FLUTE TRIO

WILL PERFORM A VARIETY OF PIECES, IN A LOVELY AND RARE COMBINATION OF FLUTE, PIANO AND CELLO



SATURDAY
7TH MARCH

7 FOR
7.30PM

TICKETS
£35* INCLUDING DRINKS & CANAPES

UNIVERSITY OF OXFORD MUSEUM OF NATURAL HISTORY, PARKS ROAD, OXFORD, OX1 3PW



TICKETS £35** INCLUDING DRINKS & CANAPES
AVAILABLE FROM WWW.TICKETSTRIPE.COM/FLEXICARECONCERT
SCAN QR CODE OR VISIT WWW.FLEXICARE.ORG/EVENTS
**+£1.03 BOOKING FEE

YOUR SUPPORT RAISES FUNDS FOR FLEXICARE, A CHARITY PROVIDING A FREE, SPECIALIST SITTING AND SUPPORT SERVICE FOR FAMILIES WITH A SEVERELY DISABLED CHILD ACCROSS OXFORDSHIRE



FLEXICARE (OXFORD AND ABINGDON) REGISTERED CHARITY NO. 1172635
WWW.FLEXICARE.ORG | 01865 321881 | ADMIN@FLEXICARE.ORG

For tickets, please go to -
<https://ticketstripe.com/flexicareconcert>

Mother's Day at Thomley

Sunday 8th March, 12pm or 1:45pm

Mother's Day can be difficult to celebrate out, with mainstream restaurants not accessible or accepting enough to make it a comfortable experience, for some of our families. So take advantage of our accessible, familiar venue and celebrate it here with us! We will cook up a lovely lunchtime meal for you to sit and eat as a family.

The meal will be creamy chicken and bacon pie with new potatoes and seasonal veggies. If your children would like an alternative option please let us know in advance. Puddings can be purchased as an extra, which is strawberry Eton Mess. Bookings close Friday 6th March 3pm.



£15 for adults and £15 for children (including their entry) get a free main course included with their entry ticket for the day. Puddings are an additional cost. Those with a membership only pay £7
(email admin@thomley.org.uk to claim)

Please book on our website by visiting the online calendar:
www.thomley.org.uk/calendar/



Thomley

To book - <https://thomley.org.uk/calendar/>

Short Breaks Update for Families with Disabled Children and Young People



Do you want to run groups for young siblings who have a disabled brother or sister?

Join our online **sibling group leader training** on Wed, 25th Mar, 9.15am - 1.15pm

Sibs For more info and to book visit sibs.org.uk/training

Sibling group leader training

Do you want to run group support for young siblings?

This online session will give you all the information you need to plan, run and evaluate your own local siblings group. The session will equip participants with information about how to structure sessions and run suitable activities, giving them the confidence and knowledge needed to set up a sibling group for children aged 7 upwards.

Our next training session is taking place on:

Wednesday, 25th March 2026, 9.15am - 1.15pm

Places cost £195 for Statutory sector or £175 for Voluntary sector

Places are limited - booking early is recommended

For more information on the training and booking, please click here:

[Young sibling group leader training](https://sibs.org.uk/training)

Short Breaks Update for Families with Disabled Children and Young People



SEND TOGETHER 2026

A DAY FOR PARENT CARERS IN OXFORDSHIRE TO CONNECT, LEARN AND SHARE

March 26th
The King's Centre,
Oxford
9.30am - 2.30pm

- Workshops and Information Sessions
- SEND Advice Clinic
- SEND Marketplace
- Feedback and Discussion Sessions
- Free event

SCAN HERE



Register here: www.tinyurl.com/SENDtogether2026

A LOCAL AREA PARTNERSHIP EVENT

 OXFORDSHIRE COUNTY COUNCIL  OXFORDSHIRE PARENT CARERS FORUM  BOB Buckinghamshire, Oxfordshire and Berkshire West Integrated Care System

SEND Together is a free event for parent carers in Oxfordshire, bringing together SEND services, professionals and organisations from across Education, Health and Social Care. It's a chance to connect, learn, share experiences, and have your voice heard.

Book your free place now - www.tinyurl.com/sendtogether2026

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire



Saturday 18th July 2026 - 10am-9pm Accessible Music Festival for the whole community - with food, drink & activities

Thomley's festival is an opportunity for the whole community to experience the best of all the local festivals. We will have hot food vendors, horsebox bar, live local bands on stage plus the best Thomley activities for children and young people. Bouncy castles, jumping pillow, archery, giant bubbles are just a handful of activities on offer to keep the younger generation entertained for the day. Tickets are now on sale! Camping pitches available to book for the night before and night of the festival.

BOOK HERE: <https://thomley.org.uk/events/accessival-festival-2026/>
Would you like to volunteer on the day? Please get in touch if you can help: fundraising@thomley.org.uk

BOOK TICKETS: <https://thomley.org.uk/events/accessival-festival-2026/>

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Save the Date

12 SEPTEMBER 2026



**** SAVE THE DATE ****

**We're starting to put plans in place for our 2026 Regatta.
Put the date in your diary - it is slightly later this year...
12th September 2026.**

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LEARN TO SWIM WITH **CRAZY CRABS SWIM SCHOOL**



SEN swimming lessons available - priced the same as all of our other lessons



A variety of lessons - private, 2-2-1 & small group lessons for beginners up until to adults



Maximum 5 children per class, to guarantee high-quality lessons with our experienced teachers



Multiple locations across Oxfordshire, in intimate private pools

To find out more, email us at info@crazycrabsswimschool.co.uk



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Looking for a challenge or new opportunity for 2026...

Fundraise for Thomley in 2026 Sign up now!

A place for people of all abilities and disabilities

Thomley is a lifeline to so many people. The support of our community is essential to keeping Thomley open and providing life-long services for disabled people of all ages and abilities.

There are so many ways you can support us to keep going and we hope you can find some inspiration right here.

Donate

It will cost Thomley approximately £1,000,000 to run in 2026. Donating and fundraising are vital to keep Thomley open and improving services for those that benefit so greatly from visiting our centre and using our services.



Challenge Events

Thame 10k Run
Oxford, Henley, London, Surrey, Marlow Trail or Leeds Half Marathon
Tough Mudder
Shark Dive Experience
Inflatable Races Windsor
Three peaks challenge
Women's Run Series - in London

Sky Dive from 10,000 feet

Places for various dates and locations have been secured. Email us to book yours NOW



Other Events

Fireworks Night
Winter Charity Ball
Thomley Cabaret Night
Spring Open Day
Christmas Market
Christmas Light Walk
Summer Open Day

Give time

Have a team day at Thomley by helping with a project on our 10 acre site, just like a team from Microsoft who spent the day with us for a day of volunteering!



Sign up today: fundraising@thomley.org.uk

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